

80-100%
50-80%
20-50%

Percentage of Body Area Affected by Specific Hertz

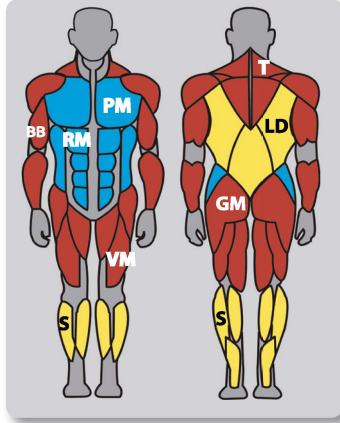
The Data Provided is based on an upright position. Results will vary depending on user's position, height and weight.

6-7 Hz

Rehabilitation and stretching effect on

- Shoulders, Arms and Upper Legs
- Removal of Lactic Acid
- Rapid Recovery from Upper Body Sports, such as Golf, Baseball, Tennis, Basketball or Volleyball
- Pain Relief on Upper Body and Arms with Muscle Pain and Spasm*

80-100%
50-80%
20-50%

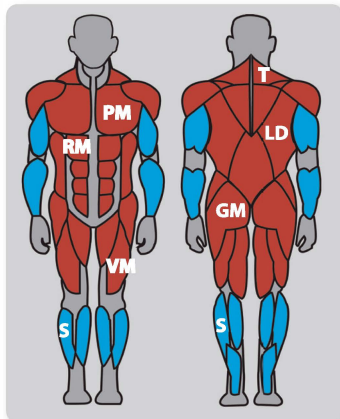


8-11 Hz

Rehabilitation and stretching effect on

- Shoulders, Abdominals and Upper Legs
- Removal of Lactic Acid
- Rapid Recovery from Sports, such as Soccer, Football, Marathons, etc.
- Improvement with Digestion, Bowel Movements, Constipation*

80-100%
50-80%
20-50%

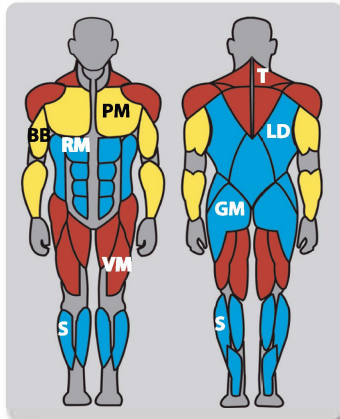


12-16 Hz

Rehabilitation and stretching effect on

- Shoulders and Upper Legs
- Removal of Lactic Acid
- Rapid Recovery from Endurance Sports, Swimming, Hiking, Distance Running, etc.
- Pain Relief on Lower Body Muscles and Joints*

80-100%
50-80%
20-50%

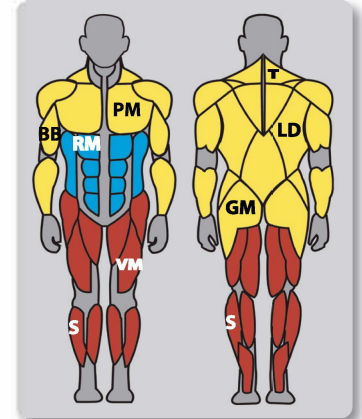


17-20 Hz

Rehabilitation and stretching effect on

- Lower Body
- Removal of Lactic Acid
- Pain Relief on Lower Body Muscles and Joints*

80-100%
50-80%
20-50%

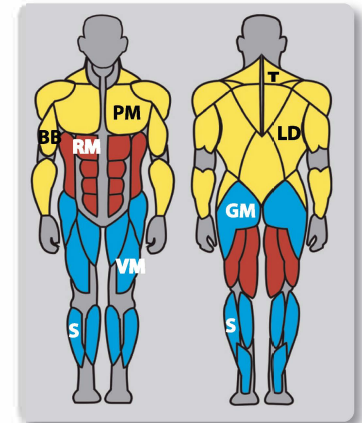


21-25 Hz

Rehabilitation and stretching effect on

- Lower Body
- Removal of Lactic Acid
- Pain Relief on Lower Body Muscles and Joints*

80-100%
50-80%
20-50%

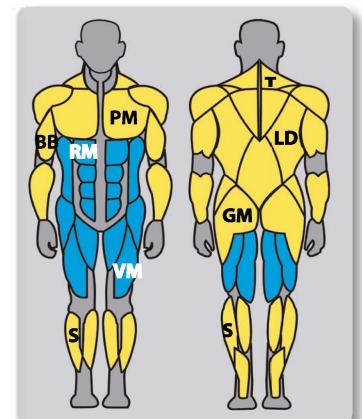


30-35 Hz

Rehabilitation and stretching effect on

- Lower Body
- Removal of Lactic Acid
- Pain Relief on Lower Body Muscles and Joints*

80-100%
50-80%
20-50%

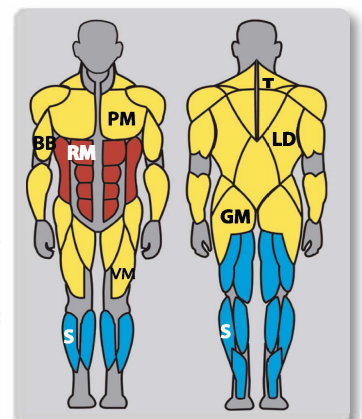


40-50 Hz

Rehabilitation and stretching effect on

- Abdominals
- Removal of Lactic Acid*

80-100%
50-80%
20-50%



*These statements have not been evaluated by the Food & Drug Administration (FDA). These products are not intended to diagnose, treat, cure or prevent any disease.

BODY REGION HERTZ GUIDE

- 3 Hz.... Whole Body (walk)
- 4 Hz ... Arms, Shoulders
- 5 Hz ... Chest, Shoulders
- 6 Hz ... Shoulders, Back
- 7 Hz ... Back, Abdomen (trunk)
- 8 Hz ... Abdomen, Hips, Thighs
- 9 Hz ... Hips, Thighs, Abdomen
- 10 Hz ... Thighs (Inner)
- 11 Hz ... Thighs (inner), Prostate (male)
- 12 Hz ... Knees, Face
- 13 Hz ... Whole Body (backbone), Face
- 14 Hz ... Whole Body (backbone), Trapezius
- 15 Hz ... Thighs (front), Calves
- 16 Hz ... Thighs (front), Calves

- 17 Hz.... Abdomen, Thighs (inner), Front Pelvis
- 18 Hz.... Whole Body Stimulation
- 19 Hz.... Whole Body Stimulation
- 20 Hz.... Whole Body Stimulation
- 21 Hz.... Pelvis (side), Sartorius, Underbelly (female)
- 22 Hz.... Pelvis (side), Sartorius, Underbelly (female)
- 23 Hz.... Calves, Thighs (backs)
- 24 Hz.... Calves, Thighs (backs)
- 25 Hz.... Calves, Thighs (backs)
- 26 Hz.... Muscular Stimulation,
- 60 Hz.... Nervous System, Stimulation.
.... Rehabilitation, Training and
.... Circulation Massage.*